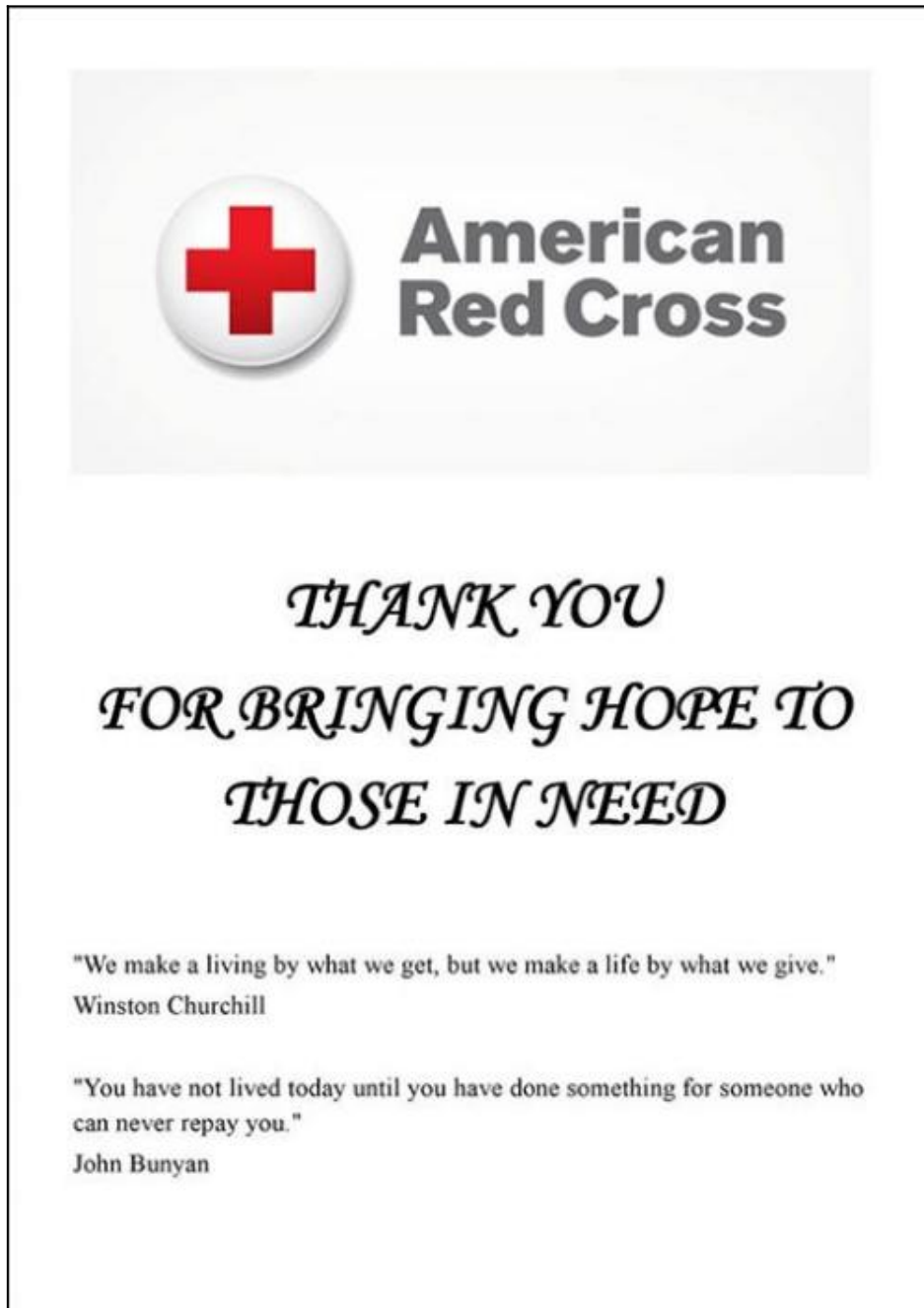


Troop 7 Blood Drive scheduled for January 8



A short time out of your day could save a life!

Troop 7 New Bedford will be holding A community blood drive from 1:30 to 6:30 p.m. Thursday Jan 8 at the Fairfield Inn New Bedford (185 MacArthur Dr. New Bedford). All presenting donors will receive a \$5 Dunkin Donuts gift card while supplies last.

Individuals who are at least 17 years of age (16 with parental permission), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and donors 18 years of age and younger also have to meet certain height and weight requirements. The Commonwealth of Massachusetts allows those who are 16 years of age to donate blood with parental consent. Please bring your Red Cross blood donor card or other form of positive ID when you come to donate.

Walk in donors are welcome, however appointments are highly recommended, whereas donors with appointments are taken before walk in donors and a large turnout is expected. If you would like to schedule an appointment to donate, please call 1-800-RED CROSS or visit www.redcrossblood.org.

The Red Cross offers the following tips for donors both new and experienced for a positive experience:

- Have a well balanced meal before you donate
- Drink a lot of fluids before and after you donate
- Make an appointment even if you are not sure when you can arrive so the Red Cross can have the appropriate staff and supplies.
- Bring a friend to donate with you

Boy Scout Troop 7 New Bedford is New Bedford's premier Scouting organization and welcomes all boys ages 11-18 from the Greater New Bedford area. Troop 7 is lead by the boys and plans many fun and social activities as well as chances for personal growth, and service to the community. To find out more about troop 7 please visit one of their meetings or goto www.troop7nb.org, or their Facebook Page: [troop7nb](https://www.facebook.com/troop7nb)

The Waypoint Events Center at the Fairfield Inn is just off of Rt18 located on the waterfront of Historic New Bedford at 1850 MacArthur Drive, and is handicapped accessible. For additional information about the blood drive or Troop 7, please contact

Matthew R. Brodeur Chairman of Troop 7 by telephone (774) 263-5018, or by email info@troop7nb.org.

About Boy Scout Troop 7 New Bedford New Bedford's Premier Scouting Organization

Meetings on Tuesday Nights 6:30-8:30 at Gifts to Give 20 Cove St. New Bedford. Boys 11-18 welcome to join us! Visit our website for more info www.troop7nb.org. Questions? Send us an E-Mail at troop7nb@gmail.com, We're on Facebook at <http://www.facebook.com/troop7nb> and you can follow us on Twitter here: <http://www.twitter.com/troop7nb>.
