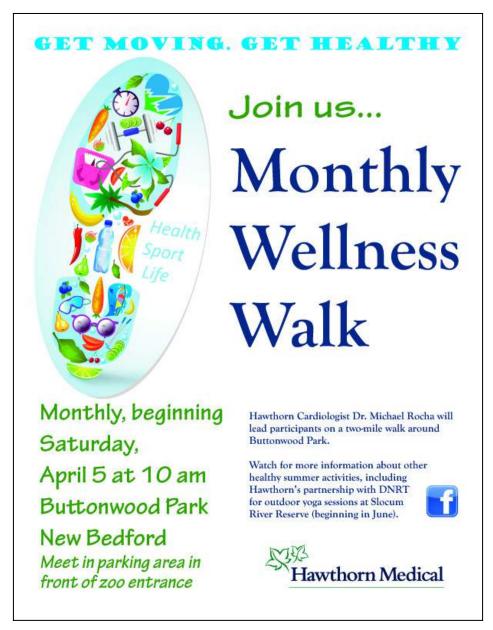# Monthly Wellness Walk at Buttonwood; Get Moving, Get Healthy!

Get some exercise and perhaps make some new friends!