

FREE Parents Workshop – Using the Power of Less to Raise Calmer, Happier, Secure Kids, April 6

Topic: Using the Power of Less to Raise Calmer, Happier, Secure Kids

What:

Meeting Street continues its free Workshop Wonders series for parents and caregivers on April 6th with “Using the Power of Less to Raise Calmer, Happier, Secure Kids.”

With too much stuff, too many choices, and too little time, both parents and children can become anxious and stressed. Phyllis Penhallow, MS, CFLE, a lecturer and academic advisor in Human Development and Family Studies/Early Childhood Education at the University of Rhode Island, will offer practical strategies and suggestions for parents and caregivers to chart the best course for their children.

The Workshop Wonders series is free and open to the public. A light dinner will be provided along with free child care. Advance registration is required for child care. For more information and to register, please call 401-533-9285 or e-mail cpirotto@meetingstreet.org.

Upcoming Workshop: What to Expect in the Infant and Toddler Years (May 4). Past seminars can be viewed online at www.meetingstreet.org/seminars.

When:

Wednesday, April 6th
6:00 p.m. – 8:00 p.m.

Where:

Meeting Street
1000 Eddy Street
Providence, RI

About Meeting Street

Founded in 1946, Meeting Street compassionately and innovatively empowers children and their families to thrive by fostering the development of the whole child. Meeting Street's vision is to be a national leader in child development, education, research and training. Today, Meeting Street works with more than 4,000 children and families annually through its core programs: Early Intervention, Early Head Start, Olneyville Initiative, Healthy Families America, The Early Learning Center, The Grace School, The Carter School, and The Schwartz Center. For more information, visit www.MeetingStreet.org.