

# Fishing Heritage Center to host Seafood Throwdown

*Photo: Chef Chris Cronin, (left) and Chef Henry Bousquet, (right) will compete to create a winning seafood dish using a secret seafood ingredient and local produce from the farmers' market.*

The New Bedford Fishing Heritage Center, in collaboration with the Northwest Atlantic Marine Alliance, Mass in Motion New Bedford/New Bedford Farmer's Market, is pleased to present a Seafood Throwdown on AHA Night, Thursday, September 8th. The free event will take place beginning at 5:00 pm in Custom House Square located in downtown New Bedford.

Chefs Henry Bousquet (Culinary Arts Instructor at NB Voc-Tech) and Chris Cronin (Executive Chef at Farm & Coast Market, Padanaram) will compete to create a winning dish using a surprise locally caught seafood ingredient (usually an abundant, underappreciated, and underutilized species of seafood) and local produce. Judging their creations will be Heather Atwood, author of *In Cod We Trust*, Maria Lawton, author of *Azorean Cooking: From My Family's Table to Yours*, and Andy Tomolonis, author of *Organic Hobby Farming: A Practical Guide to Earth-Friendly Farming in Any Space*.

Seafood Throwdowns are a collaboration between the Northwest Atlantic Marine Alliance and fishing communities. They provide a unique opportunity to learn more about our local seafood, local fishing fleet and fisheries related issues affecting our ocean, fishing economies and coastal food systems. Chefs Bousquet and Cronin will educate and entertain you with their skills as they demonstrate how to work with whole, fresh, and very local seafood. The chefs can bring three of their favorite ingredients and once they discover the secret seafood they will be using, they are given \$25 and 15 minutes to shop

the Custom House Square Farmers' Market for ingredients. After their shopping spree, they have one hour to cook and present their entry for the judge's consideration.

Following the Throwdown, the public is invited to the Fishing Heritage Center (38 Bethel Street) to view the exhibit From Boat to Table and meet the judges (Atwood, Lawton, and Tomolonis) who will sign copies of their books from 7:30-8:30.

The New Bedford Farmers Market takes place weekly from 2-6 pm (until 7pm on AHA nights) and is located in Custom House Square.

Located at 38 Bethel Street in the heart of New Bedford Whaling National Historical Park, the New Bedford Fishing Heritage Center is dedicated to preserving and presenting the story of the commercial fishing industry past, present, and future through archives, exhibits, and programs. The Center is open to the public Thursday-Sunday from 10 a.m. to 4 p.m. For more information, visit [www.fishingheritagecenter.org](http://www.fishingheritagecenter.org).