# South Coast Harvest Festival Announces 2023 Dates!

September 28 through October 1, 2023 at the Westport Fairgrounds

The **South Coast Harvest Festival** announces the dates for their new premier fall flower and garden show at the Westport Fairgrounds. "The event promises to celebrate the harvest season, as only the diverse landscape of the South Coast can" says Michelle Sousa Peay, event co-creator and co-owner of Metamorphosis Design with her talented husband Brian Peay. With over 25 years of experience creating award winning garden designs for the Boston & Rhode Island Spring Flower and Garden Show, the duo know how to put on a show that will be Inspirational, Educational and Fun!

The event will feature garden displays to inspire, along with garden talks and demos from the regions top gardening and landscape professionals. There will be creative scarecrow displays created by local artists and organizations to represent their interests and organizations. Bountiful fall floral and harvest baskets will be on display.



The event is family focused and will feature two live Owl programs by Eyes on Owls and interactive areas with activities to educate kids on our local agriculture. Chrissy Joy, nationally known dog trainer and her Joy Crew Dog Stunt Team, will be performing and providing motivational speaking on connecting with the four-legged members of the family better.

Professional pumpkin carver, Richard Kaiser, one of the original carvers from RWP jack-lantern spectacular will be carving a giant pumpkin and providing his best tips and tricks for making your pumpkin the envy of the neighborhood. Antique tractors and vintage boats will be on display. Guests can shop the local artisan and farmers market place featuring live music and favorite fall foods throughout.

Artist Betsey Macdonald has created a watercolor show poster continuing the well loved tradition of the Westport Harvest Festival that took place 20 years ago. The show posters will be available for purchase at the festival and will be signed and numbered. Betsy will be unveiling and signing posters at the Garden Illumination preview party to help raise funds to support this new amazing show.

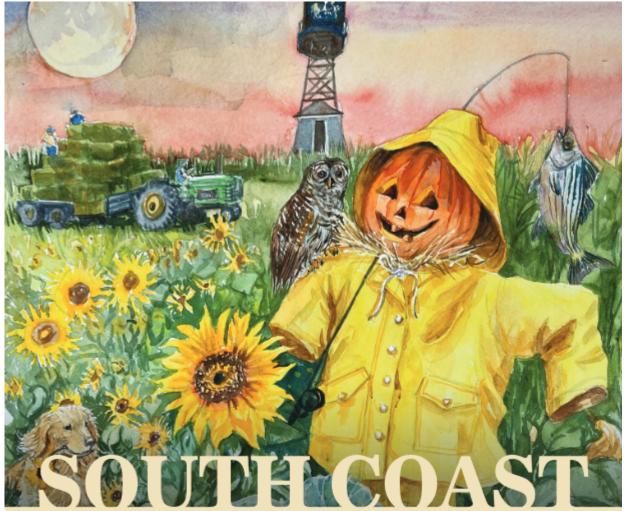
The event will kick off with an exclusive Garden Illumination Party on September 28th from 6PM to 9PM. The main event will be Friday and Saturday September 29th and 30th 10AM to 8PM and Sunday October 1st 10AM to 6PM at the Westport Fairground 200 Pine Hill Rd Westport, MA 02790. Discounted Advance tickets are available Eventbrite.

# Groups interested in partnering or being part of the event should contact the festival at

https://southcoastharvestfestival.com/harvest-festival The South Coast Harvest Festival is a dedicated group of local agricultural professionals dedicated to celebrating, fostering education and supporting our local farms and farmers.

For more information on the event:

https://southcoastharvestfestival.com/harvest-festival.



# HARVEST FESTIVAL

AT THE WESTPORT FAIRGROUND, WESTPORT MA • FRI SAT & SUN, SEPT 29 - OCT 1, 2023

\$15 ADVANCED TICKET \$20 AT GATE \$10 SENIORS & VETERANS \$5 KIDS UNDER 12 FREE KIDS AGED 1-5

- PROFESSIONALLY DESIGNED GARDENS CHILDREN'S INTERACTIVE ACTIVITIES FALL FLORAL ARRANGEMENTS
- SCARECROW CREATIONS ANTIQUE TRACTORS & BOATS LIVE MUSIC FALL FOOD ARTISAN MARKETPLACE

JOIN US FOR A SNEAK PEEK AT THE **GARDEN ILLUMINATION PREVIEW PARTY** ON THURSDAY, SEPTEMBER 28TH **PREVIEW PARTY TICKET PRICE \$50** • VISIT **SOUTHCOASTHARVESTFESTIVAL.COM** FOR MORE INFO • ADVANCED TICKETS AVAILABLE ON **EVENTBRITE** 

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# Meet Kita, the Lighthouse Animal Shelter Pet of The Week!

Can you help find this deserving love-bug a new forever home? Thank you to **NEW LEAF** of Fall River for sponsoring our pet of the week!

Here are some facts about the new potential addition to your family~

Kita ? 1 year old, 35 lb. female mixed breed. She is underweight at this time, so she will weigh more.

Kita is confident, social, and has never met a stranger! When you come visit her, she will want to say hello right away and will offer many kisses. Are her manners top notch? Honestly, nope? But she's working on it and learns quickly!



Kita knows how to sit and we're working on down. She is very food motivated and eager to please. Kita has excellent leash manners and is ready for all of your outdoorsy adventures.

Kita likes other dogs but she is a rough player so her best playmates would be dogs similar in size to her or larger. She has not met cats but can be tested for applicants.

**Adopt:** www.lighthouseanimalshelter.org/adopt **Foster:** www.lighthouseanimalshelter.org/foster

Thank you once again to **NEW LEAF** of Fall River, located at 2629 South Main st. and OPEN LATE until 11pm every day! Follow them on Facebook:

https://www.facebook.com/NewLeafCanna



Visit them online: https://www.newleafcanna.com/

# Popular New Jersey based "Acai Bowl" shop is coming to Dartmouth!

New Jersey's original acai shop "Playa Bowls" will be opening soon in Dartmouth! It will be located within the Dartmouth Towne Center shopping plaza at 380 State Rd Unit 406 (what used to be "Yogurt City"). There is no official date set for the grand opening, but we will most definitely let you know as soon as we find out!

Playa Bowls offers a variety of healthy, delicious açaí, pitaya, coconut bowls, smoothies, cold brew coffee, and

pressed juice with sustainability and community in mind. See the menu here.



Founders of Playa Bowl photo.

The founders Robert Giuliani & Abby Taylor were inspired by chasing summer on surf trips to Panama, Costa Rica, Nicaragua, Puerto Rico, California & Hawaii. Almost every exotic surf town they visited offered their own unique version of an acai or pitaya bowl. They decided to recreate their favorite recipes with their own twist at home at the Jersey Shore.

They made a deal with the owner of the pizza shop they lived above on 8th Avenue in Belmar, NJ. They bought a blender, a patio table, a fridge & a freezer and set up a makeshift pop up stand on the sidewalk in front of the pizza shop. Fast forward nine years and they have spread to over 190 stores nation wide!



Playa Bowls Instagram photo.



Steven Richard photo.

# The 5 best aspects of New Bedford according to residents

New Bedford may not be perfect and sometimes can get an unfair reputation, but it's home to roughly 100,000 residents many of which quite enjoy the Whaling City. I decided to ask citizens a simple question, "What's your favorite aspect of New Bedford?" and I received a ton of answers! There was a plethora of categories but I began to notice a common theme among them, so I present to you:

"The 5 best aspects of New Bedford according to residents"



New Bedford Whaling Museum photo.

### 5. The History

With the arrival of the railroad in 1840 and easier access to

New York and Boston markets, New Bedford became the wealthiest city in the world. This is because New Bedford became "The city that lit the world" or to put it bluntly, we have a history of men that would jump onto wooden ships with spears and hunt massive whales to light the world. One could say that is a pretty interesting and unique history we have!



Feast of the Blessed Sacrament photo.

### 4. Culture & Diversity

The diverse community makes New Bedford truly special. With a huge population of Portuguese it makes sense that we host the Feast of the Blessed Sacrament which is the largest Portuguese Feast in the world! New Bedford is also one of the largest Cape Verdean communities in America with roughly 8% of our population being of Cape Verdean descent. Many immigrated to New Bedford to contribute to our whaling history which has now given us a unique and diverse culture today!

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Aerial New England photo.

#### 3. Waterfront

The Waterfront was an obvious answer for many. You can watch the sunrise at East Beach, the sunset at West Beach, take a walk along the ocean at Fort Taber or the Covewalk, and of course you can't forget the fishing port which happens to be the largest in America!



Zeiterion Theater photo.

### 2. Art & Entrepreneurship

The artistic and entrepreneurial spirit of New Bedford is really what sets it apart from similar cities. From the performing arts at the historic Zeiterion theater to the several art galleries and displays in downtown, we have become a destination for artists and creatives. Along with being a creative hub, many residents expressed their appreciation of how many locally owned businesses we get to enjoy in the area. Downtown as well as the Kilburn Mills host an insane amount of different local businesses, something you don't see in every city!

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Facebook photo.

#### 1. Food

What happens when you take a diverse, entrepreneurial city with rich history, and mix it with a huge fishing port? You get some crazy good restaurants! Easily the #1 answer I received from residents was the "food scene" and quite frankly, I have to agree. There are so many things I could say about the Food in New Bedford, from authentic Portuguese to the "fresh of the docks" seafood. I'll leave you with this, you won't find an Applebees in downtown New Bedford!

# Whale City Comedy Festival Coming to Greater New Bedford

### on Labor Day Weekend

Whale City Comedy Festival is bringing the countries' funniest stand-up comedians to South Coast, MA this Labor Day Weekend, Thurs Aug 31 — Sun Sept 3. The festival features seven killer shows over four nights with over 25 hilarious comedians. Each show has a fresh unique lineup with comedians from Netflix, Comedy Central, The Tonight Show with Jimmy Fallon, and more! We are kicking off the festival at Buzzards Bay Brewing in Westport, MA and moving to Downtown New Bedford for BYOB shows at Gallery X Inc. Ticket Link: www.whalecitycomedy.com/tickets

#### Meet our Headliners...

RAY HARRINGTON: 7PM THURSDAY 8/31 IN WESTPORT, MA \*\*SOLD OUT\*\* Ray Harrington is an infectiously charming comedian who performs across the globe with hilariously irreverent material and marvelous improvisational riffing. He's been seen on Conan, Hulu, ABC, FOX, TBS, SBS Australia, and his documentary BE A MAN won the LA Comedy Festival before premiering exclusively on Hulu. His latest album, Overwhelmed, debuted at Number 1 on Amazon and at the top of the Billboard Comedy Charts.

ANTHONY DEVITO: 7PM or 9PM FRI 9/1 IN NEW BEDFORD, MA
Anthony DeVito is a NYC based comedian. He's appeared on CBS
The Late Show with Stephen Colbert, Comedy Central Stand Up
Presents: Anthony DeVito, Comedy Central's Adam Devine's House
Party, has been on "This American Life," AXS TV's Gotham
Comedy Live, and was the 2015 winner of Caroline's March
Madness. In addition to stand-up, he was a writer on Netflix's
The Break with Michelle Wolf, wrote for the 2018 White House
Correspondents Dinner, and was a writer/regular panelist on
MSG. He also has appeared on TV Land's The Jim Gaffigan Show,
HBO's Pause with Sam Jay and is a favorite on Sirius XM's
Bennington.

NEKO WHITE: 7PM or 9PM SAT 9/2 IN NEW BEDFORD, MA

Neko has been a professional stand-up comedian since the age of 14. He has stolen the show on MTV 2's Hip Hop Hollywood Squares, and Elite Daily's wildly popular Gen Why show, and been featured on Netflix's Pete Davidson Presents, TruTV's Laff Tracks, AXS TV's Gotham Comedy Live, and Kevin Hart's LOL Network. Neko was named one of the New Faces in the Just For Laughs Festival and won Caroline's prestigious March Madness competition. Ticket Link: www.whalecitycomedy.com/tickets

SEAN DONNELLY: 7PM or 9PM SUNDAY 9/3 IN NEW BEDFORD, MA When he's not catching a nap with his bulldog, Rickles, Sean can be found headlining clubs and festivals all over the country. He has appeared on The Late Show with David Letterman, Conan and NBC's Last Comic Standing. Sean co-hosts the podcast My Dumb Friends with fellow comedian Dan St. Germain on the All Things Comedy network. He released his debut comedy album "Manual Labor Face" in 2015 on Comedy Central Records. Sean has been featured on the truTV series World's Dumbest and Almost Genius as well as Adam Devine's House Party, The Half Hour, Broad City, and Inside Amy Schumer on Comedy Central, Amazon's Alpha House, GSN's Lie Detectors, Limitless on CBS, and Billions on Showtime. Ticket Link: www.whalecitycomedy.com/tickets

Whale City Comedy started as a monthly BYOB show based out of The Whaling City, NBMA. The shows quickly became a sold out hit leading to the birth of the weekend comedy extravaganza AKA The Whale City Comedy Festival! Whale City Comedy is dedicated to delivering the best of big city comedy scenes to our beloved Whaling City and beyond. Beyond the stage, we want to create an opportunity for the community to come together and laugh together. Our festival aims to foster a sense of joy, camaraderie, and shared love for the art of comedy among both attendees and comedians. Ticket Link: www.whalecitycomedy.com/tickets

Venue seating is limited. Tickets on sale now, sold online only. \*Lineups subject to change

Questions and comments can be directed to: whalecitycomedy@gmail.com www.whalecitycomedy.com



# New Bedford's hidden gem 'P.S. I Love You Salon And Then Some' has something to dazzle everyone

"P.S I love you" is a full service salon that also offers massage therapy and Reiki at 1980 Acushnet Ave in New Bedford. The owner, Raquel Costa has over 20 years experience as a hairstylist and over 10 years as a Reiki Master.

Along with hair, massage therapy, and Reiki, Raquel has a passion for helping woman entrepreneurs! In her building she

displays and sells health products, art, jewelry, and other various products, all created by local women.

She also periodically hosts craft and wellness fairs at the salon!

Here is what people are saying about Raquel and P.S. I Love You and Then Some:

She is one of the most talented, beautiful, determined, trustworthy and loving women I have ever met!"—Justine Gauthier Reed.

"I absolutely love this salon!! Raquel is an amazing stylist. She really listens and takes her time!! Love love love this salon."—Marcy Cowell.

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All photos by P.S. I Love You Salon And Then Some:



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### P.S. I Love You Salon And Then Some

1980 Acushnet Avenue, New Bedford, MA *Lingua Portuguesa and English language*  Phone: (508) 264-7596

Email: rlchair9999@aol.com

Business Facebook: P.S. I Love You Salon And Then Some Raquel Costa's Facebook: facebook.com/raquel.costa.5815

## Meet Cole, The Lighthouse Animal Shelter Pet of The Week

Cole asked us if he could model for some new headshots in hopes that his handsome face will get someone's attention! He's been very patiently waiting for his perfect fit. Cole has been at the shelter for EIGHT MONTHS! Lets find him a new home!

Cole's favorite activities are playing with any and all toys in the yard, going for walks and getting belly rubs. Cole has a lot of energy when it comes to playing but he also settles nicely in his room indoors and enjoys sunbathing on a sunny afternoon.

If you're looking for the perfect copilot for your adventures and an affectionate dog to come home to, Cole is your boy!



Cole is around 4 years old and about 70 lb. His paperwork lists him as a Mixed Breed. He's got a huggable, squishable body like a lab but a big ole noggin' like a bully breed ♥□

? Dog selective
? No cats
No small children please!

Adopt Cole: lighthouseanimalshelter.org/adopt Foster him: lighthouseanimalshelter.org/foster

Our Pets of the Week are proudly sponsored by NEW LEAF of Fall River. You can visit them at 2629 South Main Street. Website: https://www.newleafcanna.com/



# Dunkin releases Pumpkin Spice the earliest date ever! Is August too soon for fall flavors?

I must say it's always exciting when coffee shops release the almighty "pumpkin spice" flavors, but is mid August really the new start of Fall season? Not long ago Starbucks & Dunkin would release the Fall flavors in mid September to kick off fall just as they do for the summer, winter, & spring flavors.

Companies are taking advantage of the growing demand for pumpkin spice by releasing them earlier and earlier each year. 7 Eleven released its pumpkin spice coffee this year on August 1st!



Dunkin Donuts photo.

Dennis Phelps, 7-Eleven's senior vice president of merchandising noted, "We decided to break out the pumpkin a little bit early this year, It may not quite feel like fall outside yet, but it sure can taste like fall as we enjoy the first Pumpkin Spice Latte of the season."

Dunkin's August 16th release this year is the earliest to date, beating out last years record by 1 day. You can see the full menu here.

Although I'm guilty of getting myself a pumpkin spice iced coffee from Dunkin the day I hear its available, I must ask the question:

### When should "Pumpkin Spice Season" officially kick off?

I say we just make a "national pumpkin spice holiday" in mid September to kickoff fall season before we end up seeing fall decor on the 4th of July!



Dunkin Donuts photo.

BOSTON, MASSACHUSETTS (August 16th, 2023) – The following statement was released today on behalf of The Pumpkin Spice Signature Latte ("PSSL"), through the Dunkin' Social Media Manager located in Canton, Massachusetts in response to questions flooding the @dunkin comment section:

"I'm back."



Dunkin Donuts photo.

# The Donut Factory To Open New Location In Dartmouth

Last week with the permission of owner Jackie Webb, we teased a couple of photos of the signage being installed at the The Donut Factory's new location in North Dartmouth. Today, we can report that the timeline to open of the new location (246 State Rd.) is tentatively schedule for late September.

"This new location will be an express, and carry 90% of the product we feature at our Fairhaven location (7 Howland Rd) and will be open 7 days a week, 6am to 6pm. We've been looking to expand into Dartmouth for some time and this location offered high visibility and a consistent flow of traffic" says Jackie.

You'll be able to get all of their gourmet donuts, Nitro Cold Brew, coffee rolls and classic treats as well as their enormous, jam packed linguica rolls! Their daily promos like Monday's buy 3 get one free rolls, 99 Cent giant glazed donut Wedenesday deals will also be honored at both locations.

With this expansion there is also the need for additional staff, so if you're interested in joining a growing business stop by the Fairhaven location and set up an interview. They are hiring for full and part time positions.

You can follow the Donut Factory on Facebook: https://www.facebook.com/therealdonutfactory and on Instagram:

https://www.instagram.com/therealdonutfactory/



### PACE Head Start Is Now Enrolling For The 2023-2024 School Year

? PACE Head Start is accepting applications for the 2023-2024 school year, beginning in September. Don't miss this opportunity to give your child a strong foundation for a lifetime of learning!

- ?? Head Start provides a FREE family-centered school readiness program for children ages 3-5 from income-eligible families residing in New Bedford, Dartmouth, Fairhaven, and Acushnet. Our individualized early education curriculum prepares children for kindergarten and nurtures growth across various learning domains.
- ? Our comprehensive approach to learning includes creative education, comprehensive health services, parent education, meaningful family engagement, and support services. We offer both part-day and full-day preschool options, where children are encouraged to explore, socialize, problem-solve, and gain self-confidence under the guidance of qualified early childhood professionals.
- ? Rest assured, all children enrolled at PACE Head Start receive nutritious meals and snacks. ? Free bussing services are available to and from school, ensuring convenience for families. We strive to make our program accessible to all families, with childcare vouchers accepted for full-day services.
- ? We are committed to providing an inclusive environment, reserving ten percent of enrollment opportunities for children with special needs. Every child deserves a nurturing and supportive education!
- ? For more information and to secure your child's spot, call today: (508) 999-1286 or (508) 984-3557. You can also learn more at https://paceinfo.org/programs/head-start/. Give your child the gift of education and a bright future with PACE Head Start!