Wareham's Annual Oyster Fest and 5K Road Race, May 26

On Sunday May 26, 2019, the Annual Oyster Festival will be held in downtown Wareham.

From 9:00 a.m. -5:00 p.m. Main Street will be closed to through traffic from Sawyer Street to Center Street.

The 5K road race will begin at 10:00 a.m. with runners on Main Street, High Street, Marion Road, and Warr Avenue. Please use extreme caution in the area.

People attending the event will park at the town hall, located at 54 Marion Road, and shuttles will be running throughout the day to bring visitors to and from the event area.

The Wareham Police Department wishes everyone a safe and enjoyable Memorial Day weekend,

while keeping mind the extreme sacrifice soldiers and their families have made for our freedom.

Acushnet Farmers Market at Stone Bridge Farm opens for the season on June 1

The Acushnet Farmer's Market at Stone Bridge Farm invites you to come checks an amazing assortment of vendors this season! Bring the family and meet up with friends. Great selection of vendors, music on the porch, cooking demos, cooked to order breakfast or lunch at the food truck.

We realize the importance of a venue for farmers and customers alike to connect with fresh produce, prepared foods and crafts. The market is more than just a place to buy fresh produce and handcrafted products. It acts as a vibrant gathering place for friends and family. We remain grateful for our community's support.

Opening on the first Saturday in June through the last Saturday in September and open rain or shine, 9:00am to 1:00pm with ample off street parking.

Farmers Market Nutrition program coupons accepted. (WIC and Senior coupons) We are a SNAP authorized market.

Acushnet Farmers Market

186 Leonard St

Acushnet, Massachusetts

Phone: (508) 951-1551

Email: eventsonthefarm@gmail.com

Saturdays: 10:00am-2:00pm

June through September, Starting June 2nd!

Facebook Event Page: facebook.com/events/407700516748554

Facebook Page: facebook.com/AcushnetFarmersMarket/

Website: http://acushnetfarmersmarket.com/



Six Memorial Day events planned this weekend in New Bedford

Several events are planned in New Bedford throughout the upcoming Memorial Day weekend to honor the courageous men and women who lost their lives serving the United States.

Saturday, May 25, 2019

9:00 a.m. at Rural Cemetery

The Greater New Bedford Civil War Round Table will conduct a

memorial exercise at the Union Soldier's Burial Site at Rural Cemetery, 149 Dartmouth Street. These services typically include historical reenactment, music and a gun salute.

Sunday, May 26, 2019

10:30 a.m. at Pine Grove Cemetery

New Bedford Post 1, The American Legion will conduct a Memorial Day Exercise at the Veterans' plot in Pine Grove Cemetery, 1100 Ashley Boulevard.

Video from 2018:

12:00 p.m. at New Bedford City Hall

New Bedford Post 1, The American Legion will conduct a Memorial Day Exercise at the Vietnam Veterans' Honor Roll at New Bedford City Hall (133 William Street) on the William Street side of the building.

Monday, May 27, 2019 (Memorial Day)

8:15 a.m. at Rural Cemetery

New Bedford Post 1, The American Legion will conduct a Memorial Day Exercise at the Veterans' Plot in Rural Cemetery, 149 Dartmouth Street.

10:00 a.m. at Pier 3

The New Bedford Port Society's Annual Memorial Day Fishermen's Service, Pier 3, New Bedford Waterfront.

11:30 a.m. City of New Bedford Memorial Day Parade

The Grand Army of the Republic Memorial Day Committee and the New Bedford Veterans' Advisory Board will conduct the New Bedford Annual Memorial Day Parade and Services. The Parade will form at 11:00 a.m. at the intersection of Parker Street

and Hathaway Boulevard and will step off at 11:30 a.m. The Parade will travel east on Parker Street to County Street, north on County Street to Pope Street, and east on Pope Street into Clasky Common Park where a Memorial Day Ceremony will be held.

2018 Parade video

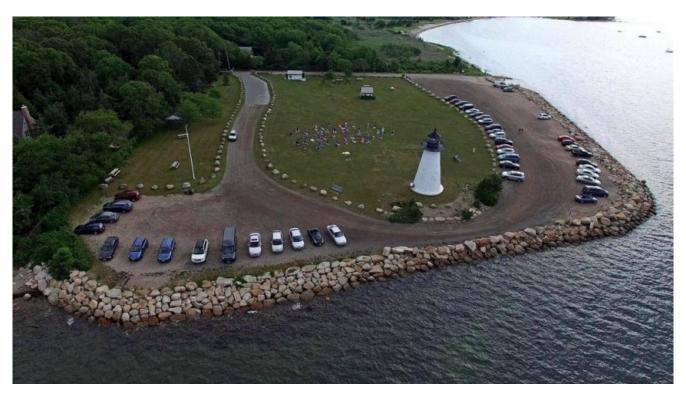
The New Bedford Veterans' Advisory Board and the New Bedford Office of Veterans Services invites anyone who attends the service in Clasky Common Park to bring a single flower of their choice to lay at the park's memorials, in remembrance of a veteran family member or friend.

Summer-Long Yoga Series at Ned's Point Lighthouse

Yoga is known to be beneficial for body, mind, and spirit. However, for some people, yoga is not accessible. At Project Wheel House, the mission is to bring yoga to populations who often lack access to this form of mindfulness and exercise, but who would benefit greatly from adding yoga into their lives. If you are a yoga lover, you can help further this mission by participating in "20 in 20", a 20-week long, outdoor yoga series hosted at Ned's Point Light in Mattapoisett starting on Saturday, May 25th.

The yoga series will be called, "20 in 20", with the goal of raising \$20,000 over the course of 20 weeks, in order to "keep the wheel in Project Wheel House" turning. Attendees are asked to make a donation between \$10 and \$20 as they join other yoga enthusiasts of all ages and levels each Saturday morning at

scenic Ned's Point Light. The sessions begin at around 8:15 in the morning and end at 9:30 a.m.



Project Wheel House is a local non-profit organization founded in 2016, and since its inception has worked with numerous atrisk populations to bring the healing powers of yoga into the lives of those who may not have been introduced to it otherwise. Project Wheel House has worked with survivors of domestic violence, inmates, LGBTQ youth, and urban children throughout the SouthCoast region. As founder Jessica Webb describes it, "Meditation and yoga are practical skills that transform lives, but not everyone can get to a yoga studio, so we're bringing the studio to them".

Project Wheel House's current partners include The Women's Center, The Southcoast LGBTQ Network, YouthBuild NB, YWCA Girls Exclusive, Doodles Creative, and 3rdEye Unlimited.

For more details about the event, including the full schedule of Saturday morning yoga sessions and instructors, please visit: www.projectwheelhouse.org/20-in-20. Project Wheel House is a graduate of the Summer 2017 EforAll Southcoast entrepreneurship accelerator.

Facebook Event Page: facebook.com/events/439661826836841/

Website Info: projectwheelhouse.org/20-in-20



Project Wheel House is a nonprofit organization dedicated to bringing yoga and mindfulness practices to underserved and atrisk populations. For more information, please visit https://www.projectwheelhouse.org, or contact program founder Jessica Webb directly by emailing NavigateLife@ProjectWheelHouse.org, or calling 774-582-0001.

New Bedford's Day of Portugal Weekend Set for June 6-9

Everyone is invited to participate in the opening ceremonies, Raising of the Flag at New Bedford City Hall, 133 William St. starting at 6:30 P.M. Students from the Language Discovery School will be Participate along with the Portuguese Consul in New Bedford Shellie Pires. The event continues at the Whaling Museum with a reception and music. Light refreshments will be served.

This year the organizers celebrate the 22nd anniversary of the Day of Portugal, Camões and the Portuguese Communities in New Bedford. They invite the community to experience the traditional festa that commemorates New Bedford's vast cultural ties with Portugal.

The official opening ceremony is scheduled for Friday, June 7 with the Senhor da Pedra Band. This weekend's festa features ethnic food and refreshments, Portuguese, Cape Verdean and Brazilian music, folkloric groups, 5K Road Race on Sunday, June 9. Portuguese and local artisans will be exhibiting and demonstrating their wares. Carlos Pires and his band from the Minho Region of Portugal will be the main attraction.

The week will start on Monday, May 3, with the Golf Tournament at Allendale Country Club, Tee time is 1:00 P.M.

Location: Acushnet Ave from Beetle to Bullard St.

Time: Fri. 5 P.M. - 12 A.M.; Saturday 12Noon -12 A.M.; Sun. 12

Noon to 10 P.M. Admission: Free

From 2017:

Hollywood medium Tyler Henry brings new live show "Life Lessons I've Learned From The Departed" to the Zeiterion,

June 20

Zeiterion Performing Arts Center is pleased to present Tyler Henry with his new live show "Life Lessons I've Learned From The Departed" on Thursday, June 20, at 8:00 p.m. The star of E!'s "Hollywood Medium with Tyler Henry" will discuss his unique gift and how it affects his everyday life, and it will include a multi-media video presentation, live readings, and audience Q&A. Tickets range from \$59 to \$79 and can be purchased by calling 508-994-2900, online at https://zeiterion.org/, or at the Zeiterion Box Office at 684 Purchase Street in New Bedford. Group sales of 10 tickets or more are available by calling 508-997-5664 x123.

Growing up in a small town in central California, Tyler began receiving intuitive mental images when he was only 10 years old with the foretelling of his grandmother's death. Intimate communication with a deceased loved one evolved into "reading" classmates, and Tyler soon found himself the victim of schoolyard bullying. Between speaking to the dead and predicting people's futures, and juggling math homework and gym class, life for a teenage medium in a small town became anything but easy.

After a series of life-changing events, including a near-death experience, Tyler recognized that his passion, calling and life purpose was to bring clarity and closure to those he was privileged to read.

Word of his talents spread so quickly that 22-year-old Tyler has relocated to Los Angeles and now stars in the mega hit TV series "Hollywood Medium with Tyler Henry" on E! Television Network now in its 4th season. In each episode the young medium sits down and has one-on-one readings with Hollywood's top celebrities. His celebrity includes Jim Parsons, Eva Longoria, Ellen DeGeneres, Allison Janney, Kris Jenner, Krissey Metz, Bobby Brown, Portia de Rossi, Mel B, Lil' Kim,

Dr. Drew, Tom Arnold, Ru Paul, Khloe and Kim Kardashian, Jamie Pressley, Jewel, and among many more.

Tyler recently added "best-selling author" to his impressive resume with Between Two Worlds, a memoir about his journey in Hollywood and as a medium.

The Zeiterion Performing Arts Center is a 501(c)(3) non-profit organization with a mission to provide New Bedford and the region with performing arts programming of excellence that inspires, educates, engages and entertains. Tickets are available for purchase at www.zeiterion.org, by calling 508-994-2900, or in person at the box office at 684 Purchase Street, New Bedford, Mass. Zeiterion Box Office regular hours are Monday, Tuesday, Wednesday and Friday, 10:00 a.m. to 5:00 p.m., Thursday 10:00 a.m. to 7:00 p.m., Saturday 10:00 a.m. to 3:00 p.m., and two hours before each performance.

Mattapoisett Wellness Center to host FREE "Client Appreciation Day" with treatments, raffle, discounts, Hors d'oeuvres and more, May 19

Please Join Us For a FREE CLIENT APPRECIATION DAY! Enjoy Hors

d'oeuvres & refreshments and exclusive "event only" discounts on products and gift certificates. Raffle prizes with proceeds to benefit the New Bedford Wellness Initiative. **Bring a friend for more chances to win!**

Not a client? We welcome you with open arms! This day would be a wonderful way to meet our practitioners. Remember to bring a friend to increase your chances to win more prizes.

We are grateful for everyone who supports our businesses as clients, referrals and business partners. We hope you can come and enjoy a day of promoting self-care and meeting our practitioners by experiencing their mini sessions.

Complimentary mini treatments:

- Stress-Fix Sensory Experiences
- Chair Massages
- Reflexology
- Acupuncture and More!

WHERE:

Mattapoisett Wellness Center — Mindful Medicine 76 County Road Mattapoisett, Massachusetts 02739 Facebook Event Page

WHEN:

Sunday, May 19, 2019 12:00pm — 4:00pm



Folk Icon Arlo Guthrie returns to the Zeiterion to perform "Alice's Restaurant," May 31

"A great reminder of just how effective a bit of absurdity can be when it comes to combating serious issues." — Rolling Stone

"The strength of 'Alice's Restaurant' is its feel of truth — and how it speaks that truth to power." — Washington Post

Zeiterion Performing Arts Center welcomes legendary Arlo Guthrie back to its historic stage Friday, May 31, at 8:00

p.m. The folk music icon returns with "Alice's Restaurant — Back By Popular Demand Tour" that coincides with the 50th anniversary of the feature film "Alice's Restaurant." Tickets range from \$35 to \$55 and can be purchased by calling 508-994-2900, online at https://zeiterion.org/, or at the Zeiterion Box Office at 684 Purchase Street in New Bedford. Group sales of 10 tickets or more are available at a discount by calling 508-997-5664 x123.

When Arlo took to the road to celebrate the 50th Anniversary of his seminal song "Alice's Restaurant Massacree," he was incredibly moved by the feedback from enthusiastic fans. Originally released in 1969, "Alice's Restaurant" starred Arlo as himself, his first foray into acting, and was directed by famed director Arthur Penn. It was filmed in the Berkshires, Arlo's own backyard, recreating some of the events that launched the Massacree, while adding a good dose of fiction. Ultimately, the movie garnered a "Best Director" Oscar Award nomination for Penn. Of the film, Roger Ebert said, "It is also good to have Arlo Guthrie himself, who is quiet and open and good on camera... 'Alice's Restaurant' ...becomes a synthesis of Arlo's spirit and Arthur Penn's tact."

"I didn't think I was gonna live long enough to have to learn 'Alice's Restaurant' again," Arlo says with a smile. "It was a quirky kinda thing to begin with. Nobody writes an 18-minute monologue expecting fame and fortune. The initial success of the song really took me by surprise more than anyone else. The fact that I have contended with it for five decades either by having to learn it again or by not doing it, has been an interesting balancing act. I'm surely looking forward to it again being a centerpiece of my live repertoire."

Currently on the road for the last year presenting the Re:Generation Tour, Arlo along with his son Abe will be joined onstage on the forthcoming tour with long time collaborators Terry "A La Berry" Hall (drums), Steve Ide (guitar, vocals) and Carol Ide (vocals, percussion) of his former acclaimed

band Shenandoah.

In July 2017 to celebrate the 50th Anniversary of the "Summer of Love" and the original release of Arlo's debut album, Rhino Records re-released the full mono version of the album Alice's Restaurant on 180 gram vinyl. In March 2018, the National Recording Registry at the Library of Congress inducted "Alice's Restaurant Massacree" into the registry honoring the recording for its cultural, historic and aesthetic importance to the American soundscape.

Folk songs enduring many decades of change only become classics when storylines remain just as relevant today as they were when originally composed. "Alice's Restaurant" is of this ilk; it's now weaved into the fabric of American society. Fans have embraced "Alice's Restaurant" as part of their annual Thanksgiving tradition, but also view it as one of the more pronounced "anti-stupid" rally songs. Every year, Arlo receives handfuls of letters from Vietnam vets and soldiers currently at war expressing their heartfelt connection to the song. Today, times are eerily similar to the mid-60's, with unpopular wars being fought far away from home, and soldiers finding ways to cope. Music is often the best medicine to soul. However listeners interpret the the quintessential tune, we can be rest assured that people of all different walks of life come together singing that famous chorus, "You can get anything you want at Alice's Restaurant..."

The Zeiterion Performing Arts Center is a 501(c)(3) non-profit organization with a mission to provide New Bedford and the region with performing arts programming of excellence that inspires, educates, engages and entertains. Tickets are available for purchase at www.zeiterion.org, by calling 508-994-2900, or in person at the box office at 684 Purchase Street, New Bedford, Mass. Zeiterion Box Office regular hours

are Monday, Tuesday, Wednesday and Friday, 10:00 a.m. to 5:00 p.m., Thursday 10:00 a.m. to 7:00 p.m., Saturday 10:00 a.m. to 3:00 p.m., and two hours before each performance.

The 3rd Annual "Run to End Addiction" 5K to feature "Kid's Zone," face-painting, live music, games, food, bounce house and more!

Join thousands of Teen Challenge supporters on the beautiful campus of Bridgewater State University for a day filled with entertainment, food, fellowship, prizes, and so much more!

Individuals, teams, churches, schools, and corporations from around the state will join together in support of our efforts to End Addiction. You can help make this campaign a success; people from all walks of life are welcome. Your time and enthusiasm are greatly appreciated!

There will have live music, a Kid Zone with face painting, games and bounce houses, and FREE food! The goal is to create an environment where the community can join together in raising awareness and hope for those in our midst who suffer from substance use disorder.

Money raised will go towards supporting sponsorships to Teen Challenge Massachusetts. Teen Challenge Massachusetts provides adults, teens and families with an effective and comprehensive Christian faith-based solution, clinical counseling, and life-

coaching for drugs, alcohol, and other life-controlling problems in order to become productive members of society.

Register Online: racewire.com/register.php

5K Run/Walk

Bridgewater State University, 131 Summer Street, Bridgewater, MA

Saturday, June 1, 2019, rain or shine
Registration opens at 7:30am; Race begins at 9:00am; Walk
begins at 9:05am
Parking is at the Bridgewater State Parking Garage, 451 Great

Hill Drive, Bridgewater.

Facebook: facebook.com/TeenChallengeBrockton/

"My name is Teddy Conseillant. I grew up in a very violent neighborhood in Brooklyn, New York. My mother was a single parent and a prayer warrior. I remember being forced to go to church but I didn't want anything to do with God. At age 13, I joined any gang and ran the streets for years. Gang banging was my life and but I didn't do drugs because I was paranoid. When I was 19, a very close friend got shot twice in the chest right in front of me. He died in my arms. His death affected me greatly and I stopped caring about anything. My behavior became out of control.

My biological father was not a part of my life, but I always had a father. His name was Pastor Barry. I met him when I was ten years old. We became very close and he became my Pops. He adopted me into his family. He always tried to get me in church but it never worked. By the age of 22, I had three

beautiful daughters and a very bad drinking habit. I chose the bottle over my daughters. I couldn't stop drinking. My life was quickly becoming a mess. I didn't know what to do.

I called Pops and told him that if I stayed on the streets I would die. He told me to come to Teen Challenge. Teen Challenge opened my eyes to the truth. Learning how to submit was a major part in my change and I quickly fell in love with Christ.

I had come into Teen Challenge a high school dropout, but I was able to get my high school diploma in Teen Challenge. Last January I started college at North Point Bible College. I couldn't have done any this without Christ!" — Teddy

Here's how to participate:

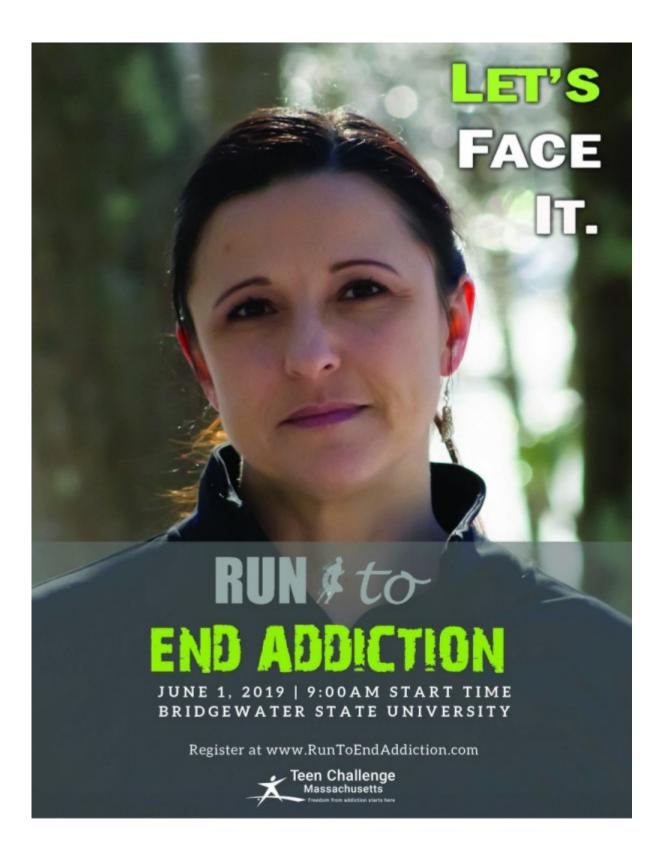
- 1. Complete your registration by going to racewire.com/register.php.
- 2. Start a Crowdrise fundraiser at crowdrise.com/RunToEndAddiction2019 and ask people to sponsor you. Spread the word to your friends, family, co-workers, everyone!
- 3. Show up on race day! Come to run, walk or just spend your morning with us as we gather together as a community.

Additional Details: This year's event is chip timed. Everyone that registers on or before May 19th will be receiving a premium quality custom Run to End Addiction t-shirt. Custom finisher medals will be given to everyone that crosses the finish line and there will also be great prizes for First, Second and Third place winners for Men & Women.

We encourage both runners and walkers of all ages to sign up! There will be music, kid-friendly games, light refreshments and informational booths for those attending. Please contact Run to End Addiction 5K Committee Chair John at progdev@tcmassachusetts.org or (508) 326-7365 with any questions or concerns.

Please note that you will receive a tax-deductible receipt for all donations.

You can also donate to Teen Challenge directly by starting a Facebook fundraiser, a Crowdrise fundraiser, or by simply joining or donating to another already existing fundraiser.



Water Wizz Half Priced Ticket Event announced for the week of May 13th

Starting at 10am on May 13th and running until 10am May 20th Water Wizz is offering HALF PRICE tickets for the 2019 Season.

This week long event is something that parents and kids look forward to every year. It also means that summer is just around the corner!

If you sign up for their mailing list HERE you get first dibs when they go on sale.

Don't get shut out this year, just register early! The 1/2 price tickets are good for the whole 2019 season and they can ONLY be bought online during this special promotion.



http://waterwizz.com/