

Summer Solstice Holistic Wellness Faire to take place this weekend in Westport!

'Wholistic Heart Studio' with Jennifer Mello and 'A Balanced Life' by Toni with Toni Cormier are excited to host the Summer Solstice Holistic Wellness Faire on Sunday, June 23rd.

This enriching event will take place from 10:00 AM to 3:00 PM at the Westport Grange, located at 931 Main Road in Westport, Massachusetts.

As we celebrate the longest day of the year, the Summer Solstice Holistic Wellness Faire provides a perfect setting to honor the changing seasons and the natural rhythms of life. This event is an ideal way to mark the beginning of summer, a time of renewal, growth, and abundance.

The Summer Solstice Holistic Wellness Faire promises a full day of activities and offerings that cater to the mind, body, and spirit. The event will bring together over 20 local vendors and small businesses, each dedicated to enhancing overall well-being through various holistic practices and products. In addition, attendees can look forward to interactive classes, uplifting music, and a lively community atmosphere.

Explore Local Vendors and Small Businesses! The faire will feature a diverse array of vendors, including:

- **End to End Oddities**
- **Resting Willow Candle Co.**
- **Moon Dark Boutique**
- **Sakonnet Therapeutic Massage**
- **Tarot With An Attitude**

- Mystic Moon Bunny
- Psychic Medium Cheryl Tarateta
- Crystalline Portal Reiki
- The Garnet Heart Doula
- Zembo Apiary Honey
- Spread Your Roots
- The Holistic Hive
- The Freedom Center
- Intuitive Readings By Deb
- Rosie's Simply Made
- The Healthy Essentials
- Jen Cummings Intuitive Art
- Reflex To Balance
- North Star Apothecary
- The Pilates Room
- Soph's Botanicals
- Wild Bean Flower Farm
- Island Girl Catering
- Sorbae Frozen Treats

Throughout the day, attendees can participate in a series of wellness classes. Pre-register or drop in. **SPACE IS LIMITED.** Cash or Venmo accepted. Details for each class are listed below:

10:00 AM: Gentle Yoga for All Levels by Genevieve St.Michel from Spread Your Roots, LLC

11:00 AM: Kundalini Breathwork by Julie Silvia from The Current Healing Arts

1:00 PM: Guided Mindful Meditation by Kelley L. Cabral-Mosher from The Freedom Center

2:00 PM: Mini Sound Bath by Toni Cormier from A Balanced Life

These classes provide an excellent opportunity to explore different wellness practices and are led by experienced professionals in their respective fields. Whether you are a

beginner or a seasoned practitioner, these sessions are designed to accommodate all levels of experience. From the invigorating movements of yoga to the deep relaxation of a sound bath, each class aims to enhance your physical, mental, and spiritual well-being.

For more information or to secure a spot in one of the classes, contact Wholistic Heart Studio at wholisticheartstudio@gmail.com.

HOLISTIC Wellness Faire
WESTPORT GRANGE 181
931 MAIN RD., WESTPORT, MA 02790
SUNDAY JUNE 23RD
10AM-3PM
SPONSORED BY

THE HOLISTIC COLLECTIVE
www.theholisticcollective.com

HVH AND BOUTIQUE
www.hvhboutique.com

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www.eventsbyangel.com

THE FREEDOM CENTER
www.thefreedomcenter.com

WILD HEART HERB HOUSE
New Bedford, Massachusetts

APRILEVANS BEAUTY LOUNGE & BEAUTIQUE
www.aprilevans.com

A Balanced Life by Toni
www.abalancedlife.com

BRIDGE MILLS
www.bridge-mills.com

Island Girl Catering
www.islandgirlcatering.com - (508) 840-0970

Kelly Tavares
YOUR NEIGHBORHOOD AGENT
(508) 320-8470

Tony's Attitude
www.tonysattitude.com

Sakonnat Therapeutic Massage
www.sakonnat.com
Justin A. Pyle, LMT, CNMT

Westport Welcomes the Coastal Wine Trail's Wine, Cheese, & Chocolate Festival this Weekend!

Prepare your taste buds for a journey of pure delight as the Coastal Wine Trail proudly presents its 11th Annual Wine, Cheese, & Chocolate Festival, happening on Saturday, June 15th, at the Westport Fairgrounds. This enchanting event promises an unforgettable experience for aficionados of fine wine, artisan cheese, and delectable chocolate. **CLICK HERE** to purchase your tickets!

The festival offers three distinct sessions to accommodate your schedule:

Session 1: 11:00 am – 1:00 pm

Session 2: 2:00 pm – 4:30 pm

Session 3: 5:30 pm – 7:30 pm

This exclusive event is reserved for adults aged 21 and above so don't forget your photo ID.





Step into a world where the artistry of winemaking meets the craftsmanship of local artisans. With over 45 exquisite wines to sample, curated by the renowned wineries along the Coastal Wine Trail, you'll embark on a sensory journey through the diverse terroirs and varietals of the region. From crisp whites to robust reds, there's a wine to suit every palate and preference.

But the indulgence doesn't end there. Immerse yourself in the rich tapestry of New England's culinary heritage with a tantalizing selection of artisan cheeses, carefully curated to complement the wines on offer. From creamy Bries to aged Cheddars, each bite is a revelation of flavor, showcasing the region's finest dairy craftsmanship.

And what better way to culminate this epicurean adventure than with the sinful allure of chocolate? Sample an array of decadent chocolates, handcrafted by local confectioners, whose skill and passion infuse each bite with a symphony of

sweetness and sophistication.

Beyond the tantalizing tastings, the festival offers a myriad of experiences to enrich your day. Engage with winemakers and cheesemongers, who are eager to share their expertise and passion for their craft. Explore the scenic surroundings of Westport, Massachusetts, and soak in the idyllic charm of this coastal town.

Don't miss your chance to be part of this culinary extravaganza. Purchase your tickets today and secure your place at one of the most anticipated events of the year.

CLICK HERE to purchase your tickets!

[VIDEO] Shocking video captures knife fight leading to stabbing in Fall River

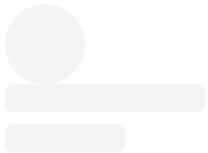
Surveillance footage captured a harrowing altercation that culminated in a stabbing in Fall River on Friday afternoon. The incident unfolded outside the Southeastern Regional Transit Authority (SRTA) Bus Terminal, located at 118 Fourth St., just after 3:00 p.m.

Law enforcement swiftly responded to the scene, and the victim was promptly transported to St. Luke's Hospital in New Bedford. As of the latest report, the victim is in stable condition.

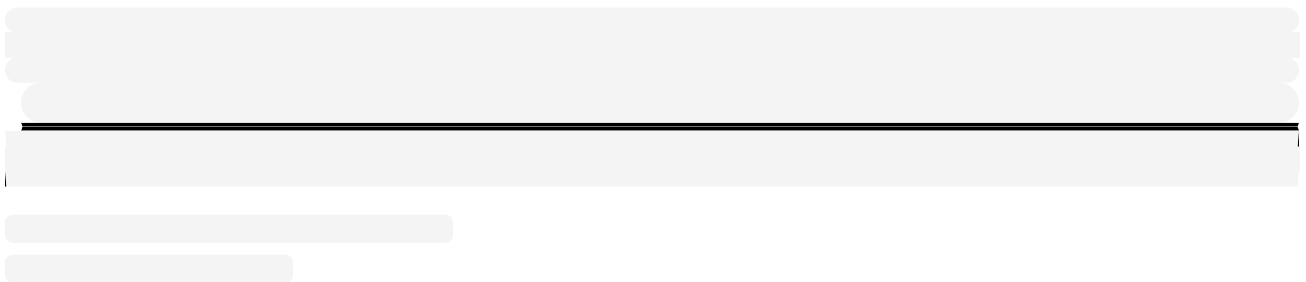
Following the incident, 28-year-old Rama Burch was arrested in connection with the stabbing. Deputy Chief Barden Castro of the Fall River Police Department confirmed that officers were

alerted to a violent altercation involving a knife, prompting their rapid intervention.

The swift action by law enforcement led to the apprehension of the suspect and the provision of urgent medical care to the victim.



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[VIDEO] Fall River teen takes Massachusetts State Troopers on high speed chase involving helicopter

Shortly before 3 p.m. on Wednesday, Massachusetts State Troopers attempted to stop a stolen vehicle related to an earlier Be On the Lookout (BOLLO) notification. The vehicle fled the initial stop but was quickly observed merging on to Route 79 northbound. Troopers followed the vehicle for a short time, but disengaged when the vehicle exited the highway on to local roadways.

A Massachusetts State Police Air Wing flight crew, operating in Air 2, responded to provide overflight support and was able to locate then track the suspect vehicle on Route 24 northbound in the area of Exit 11. After exiting the highway, the vehicle turned onto a loop subdivision in Berkley at which point members of the Berkley Police Department were able to block both exits, trapping the suspect vehicle inside. The three occupants quickly bailed out of the vehicle and were apprehended within a few minutes.

Troopers arrested and charged ALEXIA SPRINGER, 21, of Fall River, and LIJAH FORTES, 27, of Fall River, with Receiving Stolen Motor Vehicle.

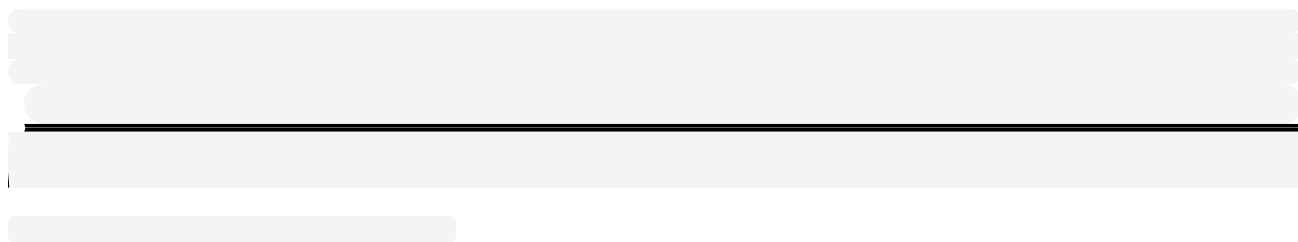
The driver, KOBE WEST, 19, of Fall River is charged with:

1. Receiving Stolen Motor Vehicle;
2. Operating a Motor Vehicle with a Revoked Driver's License;
3. Reckless Operation of a Motor Vehicle;
4. Failure to Stop for Police;
5. Marked Lanes Violation; and
6. Speeding.

WEST was also wanted on five outstanding warrants for his arrest.



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A post shared by New Bedford Guide (@newbedfordguide)

Neighbors in New Bedford raise concern over man frequently wandering into busy intersection

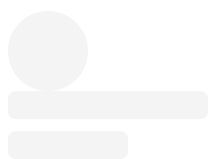
A man who is frequently seen wandering into busy intersections of New Bedford attempting to stop vehicles, is beginning to worry neighboring residents. In a video posted by an anonymous member of the New Bedford Facebook group, concern was raised over the mans safety.

“So I understand that a lot of people have said this man is harmless and clearly suffering from some mental health issues. However... how long before he gets seriously, seriously hurt from doing this? He tries to stop vehicles by getting in their direct path, and then begs for money.

It's a weekly occurrence. It always ends with the local business screaming at him, vehicles either screeching to a halt or speeding around him and running the intersection, and it's going to either cause an accident or someone's going to run him over – or someone will feel threatened enough by him approaching their vehicle and react (rightfully) aggressively.

Law enforcement is well aware, and they seemingly shrug it off. I don't get it. He needs help or at the very least,

better supervision.”



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A post shared by New Bedford Guide (@newbedfordguide)

Fall River man charged after caught on camera destroying Tiverton gas station

On Wednesday, April 10 at approximately 2:00 am, officers of the Tiverton Police Department responded to 400 Main Rd., American Dream Gas, for a report of debris in the roadway. Upon arrival, officers observed a trash bin knocked over and debris strewn throughout the area. Officers further observed several fuel pump digital screens intentionally damaged. During a subsequent investigation, officers were able to observe video surveillance footage of a possible suspect.

Officers combed the surrounding area for any signs of the perpetrator. Their efforts paid off when, at the junction of Main Rd. and State Ave., they came upon an individual fitting the description of the suspect. The man, later identified as 19-year-old Jadon B. West of Fall River, MA, was found asleep on a bench.

Officers detained West and transported him to the Tiverton Police Headquarters for questioning. During his interrogation, West admitted to causing the damage at American Dream Gas.

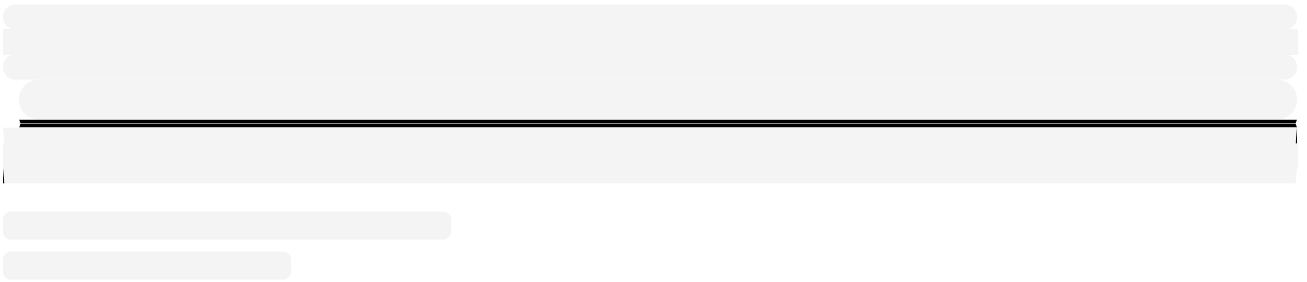
Consequently, West was formally taken into custody and charged with three counts of vandalism, in addition to one count of disorderly conduct. He spent the night in custody at the police headquarters before being transferred to the 2nd Division District Court in Newport.

Hamden Ahmad, owner of American Dream, estimates it will cost \$100,000 to replace the pumps.

During his court appearance, bail was set at \$1000 surety, and West's next hearing is scheduled for April 18, 2024.



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A post shared by New Bedford Guide (@newbedfordguide)

Shooting in New Bedford leaves bullet holes in surrounding property

A shooting occurred in New Bedford on Friday night, leaving behind bullet holes in surrounding residents property. Carlos Felix captured photographs a car window and fence both damaged from bullets.

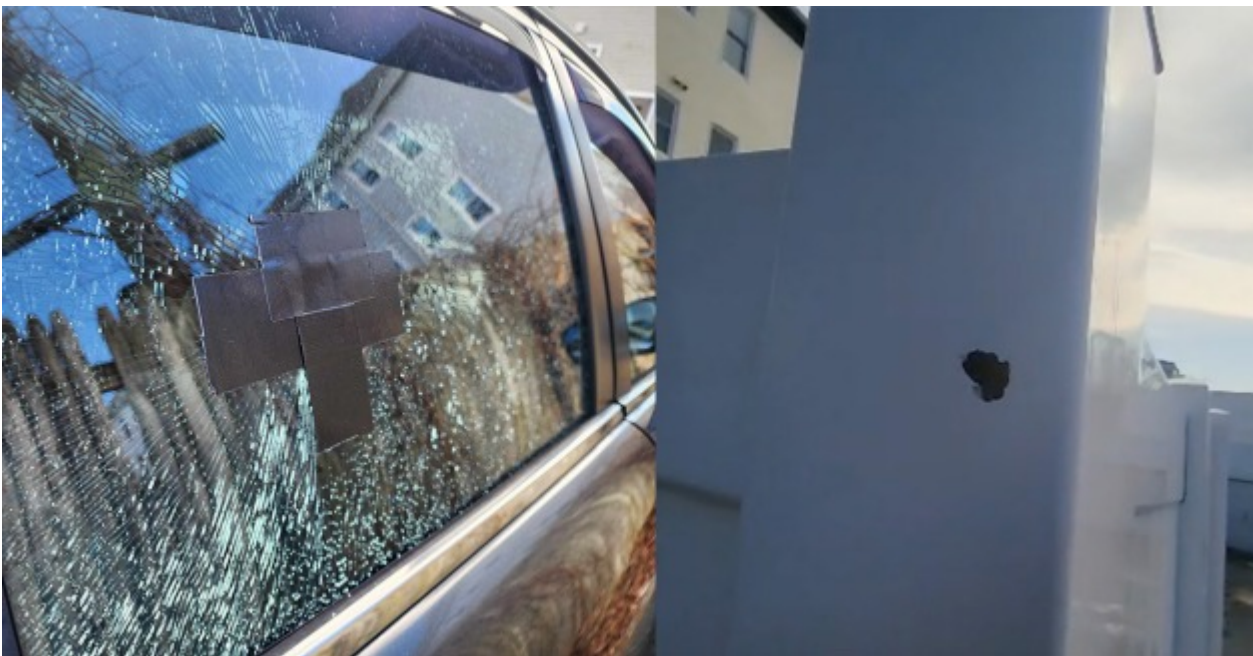


Photo by Carlos Felix Pimental.



Photo by Carlos Felix Pimental.

There have been no reported injuries as we have reached out to the New Bedford Police Department for more information. The NBPD stated,

“Patrol units responded to a ShotSpotter activation in the area of Dean Street and Durant Court at around 7 PM. A vehicle was damaged. No injuries have been reported. The incident is under investigation at this time.”

Rare Decades-Old Military Plane wreckage discovered washed up on Massachusetts

Beach

Decades-old wreckage from a remote-controlled plane used for military target practice in the 1940s and '50s has washed up on Marconi Beach in Wellfleet, Massachusetts, part of the Cape Cod National Seashore. The fuselage, believed to be from a Remote Control Aerial Target (RCAT), was discovered last week and examined by CCNS park historian Bill Burke.

RCATs were drone planes used for target practice by military personnel conducting anti-aircraft training at Camp Wellfleet, which closed in 1961. The planes were launched from aircraft that took off from a runway in the woods near the camp and were controlled remotely from a nearby bluff.

The discovery is a reminder of the area's military history, with Camp Wellfleet having played a significant role in training during wartime. The land was later given over to create the Cape Cod National Seashore by President John F. Kennedy.

This find adds to the historical significance of the area and highlights the importance of preserving and understanding its past.

The Cape Cod National Seashore posted photographs of the fuselage along with a quick history lesson.

Massachusetts residents to

pay some of the highest lifetime taxes in the United States

A recent study titled 'A Life of Tax: How Much Tax Will Americans Pay Over Their Lifetime?' has revealed that residents of Massachusetts are among those who will pay some of the highest lifetime taxes in the United States.

According to the study, the average American will pay approximately \$524,625 in taxes throughout their lifetime, which accounts for about a third (34.7%) of their estimated lifetime earnings of \$1,494,986. Massachusetts residents, however, are expected to pay even more, with a total lifetime tax burden of \$816,700.

C State	Tax
● 1. New Jersey	\$987,117
● 2. D.C.	\$884,820
● 3. Connecticut	\$855,307
● 4. Massachusetts	\$816,700
● 5. New York	\$748,199
● 6. New Hampshire	\$722,610
● 7. Rhode Island	\$684,828
● 8. Illinois	\$665,286
● 9. California	\$659,224
● 10. Maryland	\$655,454

MASSACHUSETTS

TOTAL TAX:

\$816,700

The average resident of Massachusetts will pay the following over their lifetime:

Tax on earnings: \$374,256

Tax on personal expenses: \$52,039

Tax on property: \$325,086

Tax on cars: \$65,319

The study breaks down the taxes into different categories. For Massachusetts residents, the tax on earnings is estimated to

be \$374,256 over a lifetime. Additionally, tax on personal expenses, including food, clothing, personal care, and entertainment, is projected to be \$52,039. Property tax will add another \$325,086, and owning the most popular car (Toyota Rav 4) will cost an additional \$65,319 in tax payments alone, across the average four cars owned in a lifetime.

These figures place Massachusetts as the fourth highest state in terms of lifetime taxes, following New Jersey, Washington D.C., and Connecticut. Residents of New Jersey are expected to pay the most, with a total lifetime tax burden of \$987,117.

Maintenance scheduled for New Bedford & Fall River Bridges to cause road closures

Massachusetts Department of Transportation (MassDOT) has announced upcoming overnight maintenance and debris removal on three key bridges in the New Bedford and Fall River areas.

Starting at 9 p.m. on Tuesday, April 16, through 6 a.m. the next morning, road closures and rolling roadblocks will be in effect for the following bridges:

Braga Bridge: Street sweeping will be conducted, requiring rolling roadblocks.

Veterans Memorial Bridge: Maintenance work will be performed, with state police implementing rolling roadblocks.

New Bedford-Fairhaven Swing Bridge: Maintenance activities will take place during this period.

MassDOT advises drivers to exercise caution, reduce speed, and plan for potential delays while traveling through these areas.